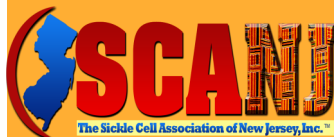


Sickle cell disease is an inherited blood disorder. People with sickle cell disease have red blood cells that become hard which can cause anemia, pain and many other serious health problems. Your involvement makes the difference in overcoming this disease.



Make Your Voice Count  
GET OUT TO VOTE  
NOVEMBER 6

## Calendar Listings

### November

6th Election Day-VOTE EARLY!

**14th Meet & Greet at Cooper Children's Medical,** Pavilion Room 1014, One Cooper Plaza in Camden. 4:30pm-6:00pm

**18th Thank You Party for 24 Seven Volunteers.** Newark. 3:00pm-5:00pm. Please RSVP by the 16th at 973 482-9070.

### December

**3rd Bowl with NY Jets Santonio Holmes.** 7 PM in Linden, For Kids with SCD and their chaperone. Must RSVP through SCANJ online or call us 973 482-9070. **No walk ins.**

**8th SCANJ's December Holiday Party with Kente Klaus and the Dr. Charles F. Whitten Awards -Van Vleck Mansion** 21 Van Vleck St. Montclair. RSVP via eventbrite or 973 482-9070. Central Jersey and South Jersey Holiday Party locations and dates TBA. SCD families may attend any one of the three holiday parties, regardless of location, however, you must RSVP.

The Sickle Cell Association of New Jersey (SCANJ) is a 501c3 agency and is the New Jersey Chapter of the



Sickle Cell Disease Association of America



Volume 3  
Issue 11

# Say It Loud!

November 2012

Sickle Cell News You Can Use

The Sickle Cell Association of New Jersey

## A Note From the Executive Director...A Reason for Thanks...



Mary Bentley LaMar

**I send prayers and well wishes** for your health, safety and resilience as we deal with the aftermath of Hurricane Sandy. The sickle cell community is a strong community that

knows how to deal with challenges. This issue has information that may be of help to you, or someone you know. Please share it widely.

Important dates are coming up... Tuesday, November 6th is ELECTION DAY. I voted already! You can too by going to your County Clerk's office. They have extended hours 8:30am-4:30pm this weekend thru Monday November 5th by 3:00pm for voters to apply in person for a mail-in ballot. Although it is called a "mail-in ballot", you will receive your ballot right then and there and can cast your vote. Early, or on Election Day, VOTE!

As promised, I'm pleased to report on the 24 Seven Line Dance Marathon. Over 150 people line danced over a 24 hour period topping last year's amount with \$15,000. And pledges are still coming in! You can donate via [sicklecellnewjersey.org](http://sicklecellnewjersey.org) or you can mail your pledge (pg. 2).

We raised the bar for awareness too, by mailing over 100 letters resulting from our Phone a thon, and appearing on NBC Weekend Today in New York on Saturday during the 24 Seven. And we had a "first" for SCANJ...a live video stream of the line dance marathon shown during the NBC interview.

All of this could not have been possible with the fantastic support of our gracious host sponsor, New Jersey City University Office of Campus Life and Community Service, along with volunteers and supporters like you. **THANK YOU!!**

To view the NBC Weekend Today in New York coverage of the event and pictures please visit [www.facebook.com/sicklecellnewjersey](http://www.facebook.com/sicklecellnewjersey).

Be sure you check the calendar listings. We're especially looking for our Jerseyans to the south to join us on the 14th in Camden.

**Thankful for the mission.**

~ Mary



**SCANJ Poster Child, Jimmy** with his parent's James and Sonya Williams at the 24 Seven to dance, encourage and thank supporters.

## Hurricane Sandy Help...

**Thanks to our friends** at Horizon NJ Health, The American Red Cross, The Urban League of Essex County, the Shiloh Baptist Church and League of Women Voters for providing the following:

**Red Cross** 1-800-RED-CROSS (1-800-733-2767). [www.redcross.org](http://www.redcross.org) For shelters or how to donate,

**Horizon NJ Health** is available 24 hours a day, seven days a week at 1-877-765-4325 (TTY: 711).

**The U.S. Department of Homeland Security's Federal Emergency Management Agency (FEMA)** [www.fema.gov/sandy](http://www.fema.gov/sandy)

**County shelters and emergency housing** [www.hud.gov/local/nj/homeless/shelters/](http://www.hud.gov/local/nj/homeless/shelters/)

**NJ County Office of Emergency Management**

[www.state.nj.us/njoem/about/association.html](http://www.state.nj.us/njoem/about/association.html)

**Monmouth County Shelters and Emergency Housing**

[www.freehold.patch.com/articles/county-issues-updated-list-of-shelter-reception-centers](http://www.freehold.patch.com/articles/county-issues-updated-list-of-shelter-reception-centers)

**Food Banks in NJ**

[www.feedingamerica.org/foodbank-results.aspx?state=NJ](http://www.feedingamerica.org/foodbank-results.aspx?state=NJ)

**NJ's 211**

1-877-652-1148  
[www.nj211.org/hurricane.cfm](http://www.nj211.org/hurricane.cfm)

**PSE&G**

1-800-436-7734  
[www.pseg.com/outagecenter](http://www.pseg.com/outagecenter)

**JCP&L**

1-888-LIGHTSS (1-888-544-4877) or 1-800-545-7738  
[www.jcp-l.com](http://www.jcp-l.com)

**AC Electric**

1-800-833-7476

**Sussex Rural Electric Cooperative**

1-877-504-6463  
[www.sussexrec.com/outages.asp](http://www.sussexrec.com/outages.asp)

**Vineland Municipal Utilities**

1-856-794-4280  
[www.vinelandcity.org/Electric/VMEUsite](http://www.vinelandcity.org/Electric/VMEUsite)

**Urban League Essex County** 973-624-

9535 or [info@ulec.org](mailto:info@ulec.org) to drop off food and check donations or volunteer at 508 Central Avenue, Newark, NJ 07107.

**Advanced Recovery Inc.** turn in old electronics and scrap metal. 50 Grafton Avenue (Corner of Grafton Ave. & Oraton St. w/ Entrance on Oraton) Newark, NJ 07104 Mon.-Fri. 8am-4pm; Sat. 8am-1pm

**League of Women Voters of New Jersey** at 1-800-792-VOTE(8683) for more information.





On October 19th at  
5:00pm for 24 hours  
straight...

# THANK YOU!!



## 24<sup>th</sup> ANNUAL seven line dance marathon

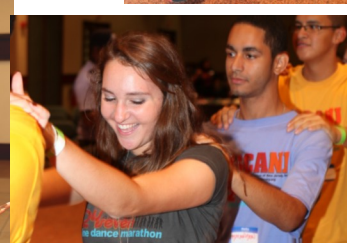
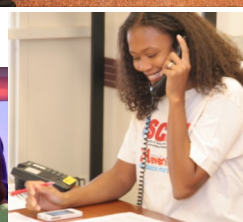
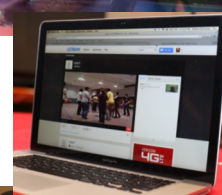
You helped us  
raise over  
**\$15,000!!**

And pledges are still  
coming in!

Special shout out  
to Host Sponsor

**New Jersey  
City**

**University's  
Gothic  
Knights!**



The "Say It Loud" newsletter

is published monthly with the exception of the *Summer Breeze* Edition that combines  
July and August. Archived copies can be downloaded from our website  
resource page. Beverly Lucas-Editor

## ONE COMMUNITY ONE CAUSE Campaign...

Text the words **BREAK-NJ** to the number  
**52000** to donate \$10.00 to support programs, services and  
research, that help the SCANJ in the fight against sickle cell disease.

**Your donation makes a difference. Please text now!** A one-time donation of  
\$10.00 will be added to your mobile phone bill or deducted from your prepaid balance. Donor must be age 18+ and  
all donations must be authorized by the account holder (e.g. parents). By texting YES, the user agrees to the terms  
and conditions. All charges are billed by and payable to your mobile service provider. Service is available on most  
carriers. Donations are collected for the benefit of the Sickle Cell Disease Association of America and its member  
chapters (including the Sickle Cell Association of New Jersey) by the Mobile Giving Foundation and subject to the  
terms found at [www.hmgf.org/t](http://www.hmgf.org/t). Message & Data Rates May Apply. You can unsubscribe at anytime by texting  
STOP to short code 52000; text HELP to 52000 for help.

[www.sicklecellnewjersey.org](http://www.sicklecellnewjersey.org)

For the latest visit our website home page "SCANJ News"-events calendar or

Phone: 973 482-9070 Fax: 973 485-6591

SCANJ PO Box 9501 Newark, New Jersey 07104

e-mail: [sicklecellanj@gmail.com](mailto:sicklecellanj@gmail.com)

