Sickle cell disease is the most common inherited blood disorder in the USA. People with sickle cell disease have red blood cells that become hard, cause anemia, pain and many serious health problems. Your involvement makes the difference in overcoming this disease.



Calendar Listings
DECEMBER 5th Connections
Support Group 7:00pm –8:30pm
1016 Broad St. Newark.

Holiday Parties- RSVP Now...



- 8th Holiday Party Central Friday 6:00 PM –9:000PM in Freehold
- 14th Holiday Party South
   Thursday at 6:00 PM-8 PM in
   Cherry Hill
- 16th Holiday Party North
   Saturday 3:00 PM-5:00 PM in
   Montclair

Special thanks to The National Organization of Black Law Executives (Northern and Central NJ Chapters) for their toy drive support. And thanks to Prolong Pharmaceuticals and other Merrymakers who make the season bright for families affected by sickle cell disease.

January 22-25, 2018 Chronic Disease Self Management 4 Day Certification Class. 9:30AM-4PM. Willingboro. Enrollment is limited. Register early.

SCANJ EVENTS ARE FREE
UNLESS
OTHERWISE NOTED
REGISTER via the events tab on
sicklecellnewjersey.org
or call 973 482-9070

SCANJ is the New Jersey Chapter of the





Volume 7 Issue I 2

# Say It Loud!

December 2017

Sickle Cell News You Can Use Sickle Cell Association of New Jersey P.O. Box 9501 Newark, NJ 07104

### Say Ho Ho Yo! Kenta Klaus is Coming to Town!



Mary Bentley LaMar Founder Executive Director

Seasons Greetings! It is a joy to reflect on our accomplishments this year and to show appreciation to all those who made it happen. When you look at the highlights below, I think you will find yourself in there. Perhaps you came to a Support Group or donated towards our work. Perhaps you are a corporate or community partner. Perhaps you danced in the 24Seven Line Dance Marathon or presented for a workshop. Perhaps you are living with sickle cell disease and simply need to connect with

others who understand your situation. Whatever your role, you have helped to further the mission of the SCANJ.

We especially thank the New Jersey City University for their sponsorship of our Annual 24 Seven Line Dance Marathon Fundraiser. We have raised over \$7,000 and pledges are still coming in. This is all cause for celebration!

Consider this your personal invitation to join us at one of the December Holiday Parties (see calendar listings). It is our way of celebrating you.

Happy Holidays! ~Mary

At the Holiday Party North
we will recognize the
2017 Dr. Charles F. Whitten Honorees

**Kevin Roy**Outstanding Volunteer

Wendy Adi-Darko Advocate of the Year

Alpha Kappa Alpha Sorority, Omicron Xi Omega Chapter
Outstanding Community Service

Jennifer Krajewski, M.D. Hackensack Meridian Health

# **Annual Report Highlights Say It Loud and Tell The Story of 2017!**

- 2017 Marked our 8th year in operation!
- Significantly increased community outreach and corporate partnerships
- Selected for a Tier III Award from the Patient Centered Outcomes Research Institute.
- Hosted a Road Trip to the SCDAA National Convention in Atlanta, GA
- Renewed grants from the NJ Dept. of Minority and Multicultural Health for the Chronic Disease and Diabetes Self Management Programs
- Conducted advocacy/voter registration training
- Initiated advocacy campaign to call attention the effects of opioid laws on the sickle cell community
- Hosted the first combined SCD Walk and Kente Carpet Movies Under The Stars
- Established a Student Research Poster Session on Comparative Effectiveness Research
- Continued signature programs such as the Sickle Cellabration, December Holiday Parties, Health Fairs, Family Support, Scholarships, Kente Carpet Movies, Get Connected POP Up Events, the 24 Seven Line Dance Marathon Fundraiser, the SCDAA Newborn Screening Program, UniverSoul Circus Voter Registraton and Advocacy Awareness, Connections Support Groups and the Annual Statewide SCD Symposium

#### **SCANJ Mission Statement**

To advocate for and enhance our membership's ability to improve the quality of health, life and services for individuals, families and communities affected by sickle cell disease and related conditions, while promoting the search for a cure for all people in the world with sickle cell disease.



WWW.SICKLECELLNEWJERSEY.ORG



The Sickle Cell Association of New Jersey
Mailing Address P.O. Box 9501 Newark NJ 07104
EIN# 80-0474935 SCANJ is a 501c 3 agency

Phone: 973 482-9070 Fax: 973 485-6591 email: info@sicklecellnewjersey.org
or sicklecellanj@gmail.com

# Connections Support Group

Meets the first Tuesday of each month at



**7:00PM South Jersey** location in the odd numbered months i.e., January, March, May, September and November. **North Jersey** location in the even numbered months i.e., February, April, June, October and December

### **December Topic: Dealing With Holiday Stress**

This month's meeting is Tuesday December 5th at NBCS 1016 Broad St. in Newark. Next month's meeting is a special outing to the movies on Tuesday January 2nd. For more information and to RSVP you may register online via our events tab or call our Community Outreach Coordinator, Darlene Young at 862 371-7138.

The Say It Loud Newsletter is published monthly except for July and August. Archived copies are available for download from our website.

Beverly Lucas-Editor





## **UPCOMING PROGRAMS**

**January 1, 2018** 

Frances Thompson Walton Scholarship application registration opens online

22-25 Chronic Disease Self Management 4 Day Certification Class. 9:30AM-4PM. Willingboro TBA. Enrollment is limited. Register early.

### January 29-March 19th SCDAA Sickle Cell Disease Community Health Worker Certification Training.

Online classes except for 80 hours of fieldwork (40 Hours in a community organization and 40 hours in a medical institution). Students must pass a final exam.

Cost is \$1,200. Download and complete the application at www.sicklecelldisease.org.
Contact the SCDAA for more information 410 528-1555.

Please remember SCANJ
in your year end giving.
Thank You!