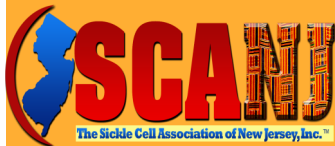


Sickle cell disease is an inherited blood disorder. People with sickle cell disease have red blood cells that become hard which can cause anemia, pain and many other serious health problems. Your involvement makes the difference in overcoming this disease.



Volume 3  
Issue 7 & 8



# Say It Loud!

Summer Breeze Edition  
July & August 2012

Sickle Cell News You Can Use

The Sickle Cell Association of New Jersey

## A Note From the Executive Director...



Mary Bentley LaMar

I'm honored to have been invited to give a guest lecture on "Opportunities and the importance of community based outreach" on Wednesday September 26th at the Sickle Cell Disease Association of America (SCDAA) Convention at the Waterfront Marriott Hotel in Baltimore, Maryland. I'm thinking 'let's go New Jersey...ROAD Trip!!

Each year SCANJ hosts a Road Trip for families and community partners to attend a high level educational conference on sickle cell disease. In 2010 we went to the James B. Herrick Symposium at the NIH in Bethesda, MD. In 2011 we went to the New York Mid Atlantic Consortium for Genetic and Newborn Screening Services' Regional Meeting in Baltimore, MD.

As I think about opportunities, what could be better than

to facilitate getting the New Jersey sickle cell community and partners to attend the 40th Anniversary Convention of the premiere sickle cell disease organization in the world?

With that said, please join us for the **2012 SCANJ Road Trip to the SCDAA 40th Anniversary Convention** (details below). SCANJ will be in the house *Saying it LOUD* about our outreach and more importantly, taking the opportunity to learn from the movers and shakers in sickle cell disease about the latest treatments, research and best practices to fight sickle cell disease.

We'll go into September; Sickle Cell Awareness Month knowing that we are destined to learn more, do better and help each other more effectively.

Get started on that help by participating in any of the volunteer offerings (see calendar listings). Most notably, the Township of Irvington Mayor's Wellness Program is working with WeCarePartners to host a Walk A Thon to benefit SCANJ.



2012-2013 SCANJ Poster Child  
Jimmy Williams III  
at the Newark Bears Baseball game along with SCANJ Executive Director, Newark Bears and Newark Councilwoman, Mildred Crump

I think you'll agree that SCANJ programs make a difference in the lives of the families we serve and the health care professionals we partner with. We embrace the community support and we are grateful.

~ Mary

## SCANJ 2012 Road Trip to the SCDAA National Convention!!

Come with us to the 40th Anniversary Convention of The Sickle Cell Disease Association of America! National and international experts in sickle cell care, research and policy, members of the sickle cell community and the public will converge for this unparalleled educational gathering.

The SCANJ Road Trip is FREE for individuals with sickle cell disease and SCANJ volunteers as they are "Honored Guests." All others are eligible for a partial scholarship to defray the costs. The Road Trip includes: round trip coach bus transportation, lodging at the Marriott and welcome bags. The Road Trip DOES NOT include your SCDAA convention registration. You must secure your convention registration with SCDAA [www.sicklecelldisease.org](http://www.sicklecelldisease.org). You may also contact us for a convention registration form.

You must show SCANJ proof of registration for the convention in order to participate on the SCANJ Road Trip.

**RSVP's for the SCANJ Road Trip begin August 5th. Go to [sicklecelldisease.org](http://sicklecelldisease.org) to sign up via Eventbrite.com.**

Itinerary:

**Tuesday 9/25 Bus Departs— Newark 9am** with a boarding in So. Jersey at 10:30am

**Arrive at the Convention at noon**

**Friday 9/28 Bus Departs Baltimore MD at 5:30pm** with a drop off in So. Jersey at approximately 7:00pm

**Arrive in Newark at 8:30pm**

Road Trip Registration, proof of SCDAA convention registration and payment must be RECEIVED by September 17, 2012 or until capacity is reached. All partial scholarship awardees will be notified on, or before September 18th.

To learn more about this opportunity, call into our Road Trip Teleconference on August 4 or August 6 at noon. Dial into 1 712 775-7200 passcode 379831#.

*The SCANJ 2012 Road Trip is made possible in part, thanks to our generous donors. Corporate Sponsorship is available. Call Mary at 973 482-9070 for more information.*

SCANJ is the New Jersey Chapter of the



**SCDAA**  
"Break The Sickle Cycle"™

## Calendar Listings

Please go to your nearest Blood Bank and donate blood now! There is a critical shortage.

**August 4 & 6 at noon SCANJ 2012 Road Trip Teleconferences** All welcome to Dial into 1 712 775-7200 passcode 379831#.

**18 SCANJ workshop for New Jersey City University Student Organizations** to Kick Off 24 Seven Line Dance Marathon Planning.

**September 1 Mission Day 3rd Year Anniversary of The Sickle Cell Association of New Jersey.**

**8 New York Mets Game.** 4:05pm. Tri State SCD Collaborative effort QSCAN/SCTPN/SCDAA Connecticut and SCANJ. For tickets go to [www.mets.com/sicklecell](http://www.mets.com/sicklecell)

**15 Donna T. Darrien Memorial Let's Walk About It.** Weequaick Park Newark. 10am [dtsicklecell.org](http://dtsicklecell.org)

**15 Health Fair with New Hope Baptist Church (of Metuchen)** at JFK Medical & Rehabilitation Center 65 James Street in Edison 10 am to 3 pm.

**22 Sickle Cell Walk A Thon to benefit SCANJ.** WeCarePartners Inc., in support of the Mayor's Wellness Campaign Town of Irvington. 9:00am registration and 10:00am Walk. Irvington Park in Irvington. More information TBA [www.sicklecellnewjersey.org](http://www.sicklecellnewjersey.org)

**25-28, SCANJ Road Trip to the National SCDAA Convention Marriott Waterfront Hotel, Baltimore MD.**

You must show proof of registration for the SCDAA convention in order to participate on the SCANJ Road Trip. To register for the SCDAA convention go to [www.sicklecelldisease.org](http://www.sicklecelldisease.org).

**29 SCD American Red Cross Blood Drive.** New Hope Baptist Church of East Orange 144 Norman Street.

**30 Embrace Kids Walk for Cancer and Blood Disorders.** Johnson Park, Piscataway. 9 am. For more information go to [Embracekids.org](http://Embracekids.org)

**October 19-20**

**SCANJ 24Seven**

**Line Dance Marathon Fundraiser**  
24 Hours of Fun 7 Events

Turn for Page 2...

# ONE COMMUNITY ONE CAUSE Campaign...

Text the words **BREAK-NJ** to the number **52000** to donate \$10.00 to support programs, services and research, that helps in the fight against sickle cell disease. **Your donation makes a difference so text now!**

A one-time donation of \$10.00 will be added to your mobile phone bill or deducted from your prepaid balance. Donor must be age 18+ and all donations must be authorized by the account holder (e.g. parents). By texting YES, the user agrees to the terms and conditions. All charges are billed by and payable to your mobile service provider. Service is available on most carriers. Donations are collected for the benefit of the Sickle Cell Disease Association of America and it's member chapters (including the Sickle Cell Association of New Jersey) by the Mobile Giving Foundation and subject to the terms found at [www.hmgf.org/t](http://www.hmgf.org/t). Message & Data Rates May Apply. You can unsubscribe at anytime by texting STOP to short code 52000; text HELP to 52000 for help.

## You CAN Get Involved!

### Text, Walk, Dance, Learn...

When you volunteer your time and/or donate to SCANJ, you help our programs kick sickle cell to the curb!

[www.sicklecellnewjersey.org](http://www.sicklecellnewjersey.org)

## Walk-A-thon

9:00am September 22nd Irvington Park, Irvington!

Special thanks to the Township of Irvington in support of WeCarePartners Inc., organizers of this benefit for the SCANJ

The "Say It Loud" newsletter

is published monthly with the exception of the *Summer Breeze* Edition that combines July and August. Beverly Lucas-Editor

### Reflections of A Sickle Celebration

June 9, 2012



Dr. W. Whitten Shurney



World Cuisine



Puppet Show

Looking forward  
to  
↓



October 19 through the 20th at



New Jersey City University

Stay

Posted

For

Details!

Teams

Forming

Now!

## Sickle Cell Awareness Month is just around the corner!

### Save The Dates:

- September 1 SCANJ Meet and Greet (Whitesboro/Cape May County)
- September 8 SCANJ outing to NY Mets Game with Tri State SCD Agencies
- September 22 City of Irvington Wellness Walk to benefit SCANJ (Irvington)
- September 25-28 SCANJ Road Trip to SCDAA Convention (Baltimore, MD)
- September 29, SCD Blood Drive at New Hope Baptist Church (E. Orange)
- October 15 Bowling Strikes for Sickle Cell with NY Jets Santonio Holmes Third and Long Foundation (Linden)
- October 19-20 SCANJ 24 Seven Line Dance Marathon Fundraiser (Jersey City)
- November 16 & 17, Sickle Cell Symposium (Location TBA)
- December 8, Holiday Party with Kente Klaus (Montclair)
- December Holiday Parties with Kente Klaus (Monmouth & Camden-Dates TBA)

Please note this schedule is subject to change. Details will be posted on

[www.sicklecellnewjersey.org](http://www.sicklecellnewjersey.org)

and/or [eventbrite.com](http://eventbrite.com).

Phone: 973 482-9070 Fax: 973 485-6591

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