

Sickle cell disease is an inherited blood disorder. People with sickle cell disease have red blood cells that become hard which can cause anemia, pain and many other serious health problems. Your involvement makes the difference in overcoming this disease.



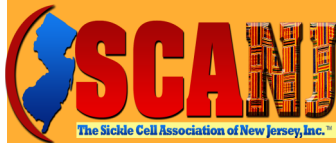
Volume 4
Issue 2

Say It Loud!

February 2013

Sickle Cell News You Can Use

The Sickle Cell Association of New Jersey



Calendar Listings:

February

11,-14th Chronic Disease Self Management (CDSMP) Peer Leader Certification. Class is at capacity.

16th WBLS 107.5 Radio and Omega Psi Phi Fraternity 2nd District SCANJ Sickle Cell Awareness American Red Cross Blood Drive. New Jersey City University. 2039 Kennedy Blvd in Jersey City. RedCrossblood.org 9:00am-2:00pm

18th Chronic Disease Self Management (CDSMP) FAQ's Conference Call. 12:30pm All welcome to dial into 1 712 775-7200 Code 379831#

26th-Black History Month SCANJ Presentation in cooperation with NY Blood Services. 2:00pm Kean University

SCANJ partners to offer FREE CDSMP Take Control of Your Health Six Week Community Workshops:

- **Feb.21st- Mar. 28th Montclair NAACP.** Thursdays choice of 9 am -*The Breakfast Club*, 12 noon-*Lunch and Learn*, or 3 pm-*Afternoon Tea and Teachings*. Van Vleck House and Gardens in Montclair.
- **Mar.2-Apr. 6th- Independent Club of Colonia.** Saturdays 10 am. Colonia
- **March 6-Apr.10 Family Success Center of Rio Grande partnering with The Concerned Citizens of Whitesboro. (Cape May County)** Wednesdays at 6:30pm.

CDSMP Workshops are open to the community. Register via the calendar on sicklecellnewjersey.org or via eventbrite. Or call us 973 482-9070.

SCANJ is the
New Jersey Chapter of the



Don't Know Much About History?



Mary Bentley LaMar
Executive Director

I grew up on the cusp of the Civil Rights Movement. Even as a young child, that time of unrest had a profound effect on me. As a teen, I joined the Indianapolis chapter of the Southern Christian Leadership Conference; better known as SCLC; the organization started by Dr. Martin Luther King Jr.

It was at those SCLC meetings in the 70's that I first learned about sickle cell disease. This was a time in the country that Dr. Charles F. Whitten, of Detroit, was raising awareness nationally about sickle cell disease. In 1971 Dr. Whitten went on to co-found what would eventually become the Sickle Cell Disease Association of America; the first national advocacy organization dedicated to finding a universal cure for sickle cell disease.

Around that same time in Jersey City, Mrs. Frances Thompson-Walton was listening

to President Richard Nixon deliver his "State of The Union." In that address he declared war on Sickle Cell Anemia. Mrs. Walton was so moved by the declaration and by the lack of attention given to sickle cell disease, that she founded "Action for Sickle Cell Anemia Inc. of Hudson County" (ASCA). From that founding year in 1971 until 1994, Mrs. Walton served as President. Under her leadership the ASCA established the following programs:

- Pre-Mother's Day Breakfast
- Pre-Father's Day Breakfast
- J Randolph Johnson, MD Research Award
- Reginald Coleman MD Student Scholarship
- Frances L. Thompson-Walton College Education Scholarship Fund

Mrs. Walton was born on August 3, 1931. She passed away on January 4, 2013.

I've always loved history and it is said that it has a way of repeating itself. The Sickle Cell Association of New Jersey has named a scholarship in honor of the late Frances Thompson-Walton.

Mrs. Walton, your legacy lives on.

We remember...

~Mary



Mrs. Frances Thompson-Walton
A full biography along with scholarship information will be posted on www.sicklecellnewjersey.org

A Brief History of the Sickle Cell Association of New Jersey

Moved by the need for resources for families struggling with sickle cell disease, Mary Bentley LaMar founded the Sickle Cell Association of New Jersey, a 501c3 non-profit community based agency on September 1, 2009. The focus is to assist the sickle cell community, with non - medical needs such as, support groups, transition, education, research, resources, advocacy and other programs to improve quality of life.

Mary enlisted the help of her husband, Ansley W. LaMar, Vallerie Cleveland, Deborah Wilson, Beverly Lucas and Rev. Darlene Young to serve on the Board of Directors and Connie McGhee Esq; to serve as legal counsel. The first public event was a dedication on September 27, 2009 at the Shiloh Baptist Church in Newark. The first program was a Meet and Greet on January 30, 2010 at the Newark Public Library Downtown. Since then, SCANJ has hit the ground running with programs and services to further its mission.

SCANJ has partnerships with hospitals, medical providers, universities, advocacy organizations and wonderful volunteers in the furtherance of our mission. In 2012 SCANJ was designated the state chapter of the Sickle Cell Disease Association of America (SCDAA).

Some key SCANJ programs since being established:

- The Sickle Cell Poster Child and Teen Program
- Chronic Disease Self Management Workshops
- Educational programs, materials and scholarships
- Inspirational programs such as The December Holiday Parties, The Thanks For Giving Concert, Dr. Charles F. Whitten Awards, Kente Carpet Movie Premieres and the Sickle Cellabration
- SCANJ Road Trips to attend scientific conferences.
- Dr. Charles Drew Sickle Cell Blood Drives
- The 24 Seven Line Dance Marathon Fundraiser

SCANJ colors: "kente" yellow and red, representing a heritage of hope for the blood.

Motto: "SCANJ equals faith with good works for sickle cell disease."

SCANJ Mission Statement

To advocate for and enhance our membership's ability to improve the quality of health, life and services for individuals, families and communities affected by sickle cell disease and related conditions, while promoting the search for a cure for all people in the world with sickle cell disease.

Mailing Address for SCANJ

P.O. Box 9501 Newark NJ 07104

EIN# 80-0474935 SCANJ is a 501c 3 agency

Tax deductible Donations accepted online

Phone: 973 482-9070 Fax: 973 485-6591

email: sicklecellanj@gmail.com

It's **February!** Show some **LOVE...**

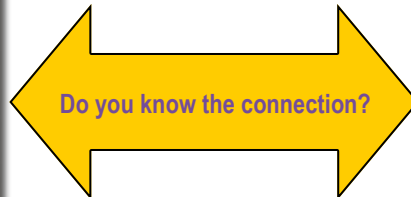
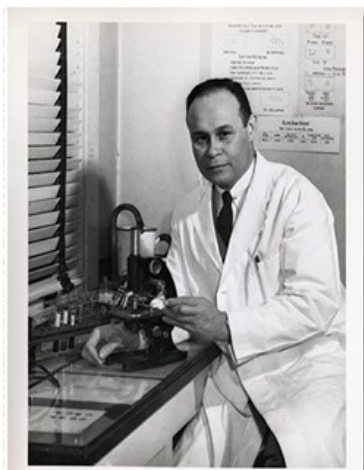
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The Say It Loud Newsletter is published monthly. Archived copies are available for download from our website.

Beverly Lucas-Editor



A SICKLE CELL BLOOD DRIVE IN HONOR OF BLACK HISTORY



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SATURDAY
February 16, 2013
9:00 a.m. - 2:00 p.m.

New Jersey City University
2039 Kennedy Boulevard in Jersey City, NJ 07305
Student Center, Multi Purpose Room

WBSL DJ's
Health Fair, Games and Prizes with
OMEGA PSI PHI FRATERNITY

Part I. Who Am I?

I was born on June 3, 1904 in Washington DC to Nora Rosella Drew and Richard Thomas. My family was middle class and we lived in an interracial neighborhood. Still I was forced to attend segregated schools. I excelled in sports while at Paul Lawrence Dunbar High School and graduated in 1922.

I received an athletic scholarship to Amherst College in Massachusetts where I continued to excel athletically. I graduated from Amherst College with a Bachelors degree in 1926. I went on to a teaching position at Morgan College in Baltimore, Maryland and was Director of Athletics and Instructor of Biology and Chemistry. In 1928 I was accepted into medical school at McGill University in Montreal, Quebec, Canada. I earned my Doctor of Medicine and Master of Surgery degrees from McGill University in 1933.

After graduating from McGill University School of Medicine, I completed an internship at the Royal Victoria Hospital (1933-1934), followed by residency training in internal medicine at the Montreal General Hospital.

I also served as an Instructor of Pathology at Howard University in Washington DC from 1933-1936 and as a resident in surgery at Howard University's Freedman's Hospital from 1936-1938.

I took a position at New York's Presbyterian Hospital under the mentorship of Dr. Allen Whipple and Dr. John Scudder where I was introduced to new concepts of fluid and electrolyte therapy in the treatment of shock, as well as blood preservation in the blood bank at the Columbia Presbyterian Medical Center.

After passing the American Board of Surgery examinations in which I lectured on fluid balance and shock management, I became the first African American to be appointed an examiner of the American Board of Surgery.

To be continued at the Sickle Cell Awareness Blood Drive February 16th....

The above article is adapted from an excerpt from *The Legacy of Charles R. Drew, MD, CM, MDSc*
Written by B.A. Wilson, W.G. O'Connor, and M.S. Willis
Immunohematology Volume 27, Number 3, 2011

**Coming
Soon:**

**April 20th
Community
Resources
Networking
Brunch
-Hydroxyurea
Workshop**