

Sickle cell disease is an inherited blood disorder. People with sickle cell disease have red blood cells that become hard which can cause anemia, pain and many other serious health problems. Your involvement makes the difference in overcoming this disease.



## Calendar Listings:

**MAY 1st Connections Support Group.** Tuesday 7:00pm –8:30pm  
Topic: Patient-Centered Research.  
JFK Center in Willingboro.

**10th Sickle Cell Family Education Night. Thursday 5:00pm-7:30pm**  
Rutgers Cancer Institute of NJ. 195 Little Albany St. New Brunswick, NJ  
Please RSVP to Priscilla Scheiner at 732 235-6453.

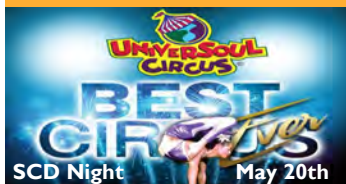
**Chronic Disease Self Management 4 Day Peer Certification Classes.**  
Self-Management Resource Center (Formerly Stanford School of Medicine).

- **14th-17th** 600 Parkview Dr. Delanco
- **21st-24th** Ronald B. Christian Wellness Center. 208 Lyons Ave. Newark

9:30am-4:30pm each day. Enrollment is limited so register early.

**14th SCANJ Volunteer Advocacy Training.** 7:00pm-8:30pm 1016 Broad St. Newark.

**16-28th SCD Awareness and Advocacy.** 200 Orange St. Newark.



**ALL EVENTS ARE FREE UNLESS OTHERWISE NOTED.**

REGISTER via the events tab on [sicklecellnewjersey.org](http://sicklecellnewjersey.org) or call 973 482-9070

SCANJ is the New Jersey Chapter of the



Sickle Cell Disease Association of America



Volume 8  
Issue 5

# Say It Loud!

May 2018

Sickle Cell News You Can Use

Sickle Cell Association of New Jersey

P.O. Box 9501 Newark, NJ 07104

## Happy Mother's Day To All Who Nurture. . .



**Mary Bentley LaMar**  
Founder  
Executive Director

On April 21st, I was one of four sorority women honored by the Omicron Omicron Zeta Chapter of Zeta Phi Beta Sorority Inc. (ZPB), at their 25th Anniversary Scholarship Awards Brunch. I was recognized for my work in sickle cell disease and Alpha Kappa Alpha Sorority, Inc.

It is always nice to be recognized for what we do, however, I think I can safely say that when you love what you do, you don't do it for the recognition.

This leads me to my Mother's Day wish to you. . . you who stay up all night to tend to a sick child. You who become a "Mama bear" when your loved one is treated poorly. You who pour your heart into caring for your wife, your husband, your mother, your father, your sister, your brother, yourself. You who nurture and love. Happy Mother's Day.

~Mary

### SCANJ Mission Statement

*To advocate for and enhance our membership's ability to improve the quality of health, life and services for individuals, families and communities affected by sickle cell disease and related conditions, while promoting the search for a cure for all people in the world with sickle cell disease.*



**Sorority Honorees with ZPB's International President at Scholarship Brunch**

Alpha Kappa Alpha, Delta Sigma Theta,  
Zeta Phi Beta & Sigma Gamma Rho

## SCANJ Partners With UniverSoul Circus For SCD Awareness Night

Do you have your tickets yet? Well what are you waiting for? SCANJ is thrilled to partner with the UniverSoul Circus for the 3rd year in raising sickle cell awareness and conducting voter registration drives during the circus tour in Newark. We are especially pleased to showcase our Child Ambassadors Imane and Iyanna. They will serve as the Guest Ringmasters for SCD Awareness Night at the 6:30pm show on Sunday May 20th.

SCANJ has a limited number of FREE tickets to the UniverSoul Circus via our eventbrite page for the SCD Awareness Night. These FREE tickets are ONLY for individuals who have sickle cell disease AND are registered with the SCANJ. Others can support by buying tickets through [universoulcircus.com](http://universoulcircus.com) using the "SCANJP" discount code or via our Eventbrite.com page if you wish to sit with the SCANJ block.

We invite you to enjoy the *UniverSoul Circus*; a highly interactive combination of circus arts, theater, and music that spans genres including Pop, Classic R&B, Latin, Hip Hop, Jazz and Gospel. It embraces and celebrates the unique and familiar aspects of pop culture globally by bringing them center stage with a cast of international performers.

SCANJ will have a resource table on SCD and programs and services as well as voter registration. We encourage you to take this opportunity to learn more about SCD and how you can get involved. Please contact Darlene Young, Community Outreach Coordinator for more information at 862 371-7138.

### VOLUNTEERS NEEDED. . .

Have you always wanted to advocate for sickle cell disease?

Perhaps you want to make a difference in policy, funding and research for sickle cell disease. If so,

**RSVP for the**

**SCANJ Volunteer Orientation and Voter Registration Training**

**Monday May 14th at 7pm.**

1016 Broad St. Newark (NBCS)

### Learn

- How to conduct non-partisan voter registration
- How to advocate for SCD
- How to get involved in Patient Centered Outcomes Research
- How to volunteer for SCANJ

**Refreshments provided**

[WWW.SICKLECELLNEWJERSEY.ORG](http://WWW.SICKLECELLNEWJERSEY.ORG)



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email: [info@sicklecellnewjersey.org](mailto:info@sicklecellnewjersey.org)  
or [sicklecellanj@gmail.com](mailto:sicklecellanj@gmail.com)

## Connections Support Group

Meetings on the first  
Tuesday of each  
month at 7:00PM.

South Jersey location in the odd numbered months. North  
Jersey location in the even numbered months i.e., February, April,  
June, October and December

**May Topic: Patient-Centered Research**

**June Topic: World Sickle Cell Disease Day**

This month's meeting is Tuesday May 1st at the JFK Center in  
Willingboro. **The June meeting will take place June 5th at  
Cedarbrook Elementary School, 1049 Central Ave in  
Plainfield.** For more information and to RSVP you may register  
online via our events tab or call Darlene Young at 862 371-7138.



The Say It Loud Newsletter is published monthly except for July and August. Archived copies are available for download from our website.

Beverly Lucas-Editor

[www.sicklecellnewjersey.org](http://www.sicklecellnewjersey.org)



**Come On Out! You're Invited!!**

### SICKLE CELL AWARENESS NIGHT

Sunday, May 20th 6:30pm Show



### Coming in JUNE...

**5th American Red Cross Blood Drive and Sickle Cell Awareness**  
hosted by the Central Jersey Chapter of Delta Sigma Theta Sorority. Cedar Brook Elementary School

**9th Tackle Sickle Cell Walk** for Embrace Kids Foundation. Liberty State Park. Jersey City, NJ. 9:00am. Join SCANJ's Walk The Talk Team and visit our SC Awareness Booth.

**16th Second Baptist Church 3rd Annual Health Fair and Fun Day.**  
258 Wesley St. Salem, NJ

**21, 22, 25 & 26th Diabetes Self Management 4 Day Peer Leader Certification** Newark Boys Chorus School. 1016 Broad St. Newark

**23rd Sickle Cellabration** 10am-2:00pm. Commemorating World Sickle Cell Disease Day (June 19). An annual festival of fun and learning. Scholarships awarded and the child Ambassador and Teen Spokesperson are selected. This year's event takes place at the Funplex in Mount Laurel, NJ. Stay posted for details.

THE SICKLE CELL ASSOCIATION OF NEW JERSEY  
INVITES YOU TO JOIN US FOR



**WORLD SICKLE CELL DISEASE DAY**  
**SICKLE**  
**CELLABRATION**

**SATURDAY, JUNE 23, 2018**



Register Now

[www.getconnectedscd.org](http://www.getconnectedscd.org)

