

Sickle cell disease is an inherited blood disorder. People with sickle cell disease have red blood cells that become hard which can cause anemia, pain and many other serious health problems. Your involvement makes the difference in overcoming this disease.



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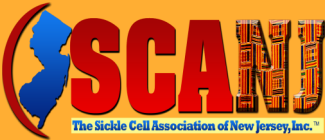
# Say It Loud!

December 2015

Sickle Cell News You Can Use

Sickle Cell Association of New Jersey

P.O. Box 9501 Newark, NJ 07104



## 2015 And Counting...These Are A Few of My Favorite Things

### Calendar Listings: December

**3rd, 4th, 7th & 8th**  
Stanford School of Medicine's  
Diabetes Self Management 4 Day  
Peer Leader Certification Course.  
9:30am-4:00pm each day. Delanco

**Holiday Parties with Kenta Klaus**  
Special Thanks to our Toyland  
Sponsors The National Organization  
of Black Law Executives



(Northern and Central NJ Chapters)  
for their toy drives that support our  
December Holiday Party Program.

**11th Holiday Party Central 6:30-  
8:00pm** in Bradley Beach

**17th Holiday Party South 6-8pm**  
in Cherry Hill

**19th Holiday Party North 3:00pm-  
5:00pm** in Montclair

**15th SCANJ's Research Project;  
"We'll Take The Village Engaging  
The Community To Better  
Health." Town Hall Meeting  
6:30pm**

REGISTER  
via the events tab on  
sicklecellnewjersey.org  
or call 973 482-9070

SCANJ is the  
New Jersey Chapter of the



Sickle Cell Disease Association  
of America



**Mary Bentley LaMar**  
Founder  
Executive Director

Reflecting back over this year, I can truly say that it continues to be a joy to serve you. I have seen countless ways in which we have come together to help each other through shared knowledge, resources and funding.

Can you believe The Sickle Cell Association of New Jersey is in its 6th year of operation? With increased programs and funding, our impact will only get stronger. I'm excited about the promise of 2016.

Many of the programs that we fought so hard for are coming to life. Programs like the national Get Connected Registry, increased grant funding on the state and federal levels, our Patient Centered Research Award, increased research and more. These things are adding up to make a difference.

This is all cause for celebration. RSVP for one of the December Holiday Parties with Kenta Klaus (Santa's brother). We will come together in a festive celebration of all things that lift up the sickle cell community. **Count it all JOY! ~Mary**

### At the Statewide SCD Symposium



Eloise Whitten (wife of the late Dr. Charles F. Whitten), Wanda Whitten-Shurney, M. D. and Lisa Whitten, Ph.D. (daughters) at the SCANJ Symposium

### SCANJ Mission Statement

*To advocate for and enhance our membership's ability to improve the quality of health, life and services for individuals, families and communities affected by sickle cell disease and related conditions, while promoting the search for a cure for all people in the world with sickle cell disease.*

## Statewide Sickle Cell Disease Symposium "Afterwords" Preview...

Over 100 individuals from throughout the state converged upon the Liberty Science Center on November 21st for SCANJ's Annual Statewide Sickle Cell Disease Symposium. Patients, families, health care professionals and advocates took advantage of a Breakfast Meet and Greet, workshops, a Lunch and Learn, a Youth Research Expedition, and an exclusive performance by the Big Apple Playback Theatre.

And we were thrilled that Mrs. Eloise Whitten and her daughters, were able to assist us in recognizing the 2015 Dr. Charles F. Whitten Honorees.

Beginning in 2016 we will continue "Afterwords," our newsletter series that gives more insight into the topics and events covered at the symposium. Stay posted for our YouTube video showing highlights of the day. And set your calendar now for next year's symposium.

**SAVE THE DATE NOVEMBER 19, 2016**



[WWW.SICKLECELLNEWJERSEY.ORG](http://WWW.SICKLECELLNEWJERSEY.ORG)



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CALL 973.482.9070  
 GET READY IN 2016 TO

Get  CONNECTED<sup>®</sup>  
 Patient Powered Registry



Register Now

[www.getconnectedscd.org](http://www.getconnectedscd.org)

The Say It Loud Newsletter is published monthly except for July and August. Archived copies are available for download from our website.

Beverly Lucas-Editor

RSVP via [www.sicklecellnewjersey.org](http://www.sicklecellnewjersey.org)



**SCANJ**  
 THE SICKLE CELL ASSOCIATION OF NEW JERSEY, INC.  
 INVITES YOU TO

*Celebrate the Holidays*  
 ≈ 2015 ≈

**SOUTH**  
 THURSDAY DEC. 17<sup>TH</sup> 6PM - 8PM  
 GARDEN STATE DISCOVERY CHILDRENS MUSEUM  
 2040 SPRINGDALE ROAD, CHERRY HILL, NJ 08003

**CENTRAL**  
 FRIDAY DEC. 11<sup>TH</sup> 6:30PM TO 9:00PM  
 BRADLEY BEACH BOWLING CENTER  
 1217 MAIN ST. BRADLEY BEACH NJ 07720  
 THIS PARTY IS IN COOPERATION WITH BARNABAS HEALTH  
 ADULT SICKLE CELL TREATMENT CENTER

**NORTH**  
 SATURDAY DEC. 19<sup>TH</sup> 3PM - 5PM  
 VAN VLECK HOUSE & GARDENS  
 21 VAN VLECK ST, MONTCLAIR, NJ 07042

FESTIVE GAMES • CAROLING • TOYLAND • GIFTS • FOOD  
 SPECIAL APPEARANCE BY

*"Kenta Klaus"*

**2015 Milestones for SCANJ**

- Marked our 6th Year in operation!
- Patient Centered Outcomes Research Institute (PCORI) Award
- Partnered with FENDI to honor Iconic Women of NJ
- Established Research Invitational Dinners
- Hosted 2 Road Trips—
  1. SCDAA Advocacy Day in Washington DC
  2. SCDAA Convention in Baltimore
- Began fundraising campaign year with the 24 Seven Line Dance Kick Off Party
- New grant from the NJ Dept. of Minority and Multicultural Health, that includes the Stanford School of Medicine's Chronic Disease Self Management Program and Diabetes Self Management.
- Continued our signature events such as the Sickle Cellabration, December Holiday Parties, Health Fairs, Family Support, Scholarship awards, Statewide SC Symposium
- Partner in "Get Connected" the Sickle Cell Disease Association of America's National Patient Powered Registry.

[www.getconnectedscd.org](http://www.getconnectedscd.org)