Sickle cell disease is an inherited blood disorder. People with sickle cell disease have red blood cells that become hard which can cause anemia, pain and many other serious health problems. Your involvement makes the difference in overcoming this disease.



Calendar Listinas:

September 1 Mission Day 4th Anniversary of The Sickle Cell Association of New Jersey.

7 Ethnic Day in Carteret. SCANJ raises awareness. 10:00am Carteret

7 Community Health Fair SCANJ raises awareness in cooperation with Pi Theta Omega Chapter of Alpha Kappa Alpha Sorority 10am-2:00pm 3 Speedwell Ave. in Morristown

10 American Red Cross Blood Drive. 10am-3:00pm City Hall Newark

14 Whitney Young Football Classic. Met Life Stadium in East Rutherford, SCANJ raises awareness.

16 SCANJ Volunteers Meeting 7pm Room 306 Student Union Building NJCU 2039 Kennedy Blvd. Jersey City

21 Donna T. Darrien Memorial Foundation's Walk for Sickle Cell.
Weequaic Park, Newark 10:00 am

23 Strikes for Sickle Cell Bowling Fundraiser with NY JETS Star, Santonio Holmes 6:30pm-10:00pm Jersey Lanes in Linden. Families effected by sickle cell disease can contact SCANJ for courtesy tickets

24-27 SCDAA Convention, Baltimore, MD. SCANJ Road Trip.

29 Heel to Heal Walk for Embrace Kids Foundation. Johnson Park Piscataway. 9:00am.

October 25-26` SCANJ's 24/ Seven Line Dance Marathon, New Jersey City University (NJCU) Host Sponsor Jersey City. 5pmFriday-5pm Saturday.

> SCANJ is the New Jersey Chapter of the



Sickle Cell Disease Association of America



Volume 4 Issue 7

Say It Loud!

September 2013

Sickle Cell News You Can Use The Sickle Cell Association of New Jersey

A Note From The Executive Director



Mary Bentley LaMar Executive Director

September is
Sickle Cell Awareness Month!
We're on an ongoing mission...
this month and every month, every week, every day...24 Seven!

Sickle Cell disorder deal with a week. help individend effectivel cell disease.

SCANJ Mission

To advocate for and enhance our membership's ability to improve the quality of health, life and services for individuals, families and communities affected by sickle cell disease and related conditions, while promoting the search for a cure for all people in the world with sickle cell disease."

Sickle cell disease is an inherited blood disorder and if you have it, you have to deal with it 24 hours a day, seven days a week. We're working "24 Seven" to help individuals and families deal more effectively with the challenges of sickle cell disease.

During the summer month's we went to Washington DC and advocated for funding of the Sickle Cell Treatment Act on Capitol Hill. We have raised awareness at health fairs and conducted Chronic Disease Self Management Workshops.

This summer we named our first awardee for the Frances Thompson Walton Scholarship. Kudos to our scholars. Keema Givens of Rutgers was the recipient. Maude Sutherland of St. Peters College and Pauline Dandee of Rutgers received book scholarships. We couldn't do this work without the help of great volunteers, organizations and companies who support our mission. Yes! I'm talking about YOU! Thank you for supporting the cause, but please don't stop now. Just as New Jersey City University has stepped up to the plate to help...

We're calling on you to support our 24 Seven Line Dance Marathon Fundraiser. The party starts at 5:00pm, Friday, October 25th we won't stop until 5:00pm Saturday, October 26th. Learn more about sickle cell disease. Form a team for the 24 Seven. Or if you prefer, simply make a donation.

Visit sicklecellnewjersey.org to learn more. Knowledge is power. ~Marv

Here's She Is! Our 2013-14 Teen Ambassador



Congratulations!

Ayoola Olu Ogunyimika.

Ayoola is a student at Willingboro High School in Willingboro. She enjoys sketching clothes, reading, writing poetry and writing stories. Ayoola especially enjoys math. It's her favorite subject. Ayoola is active in community service having been a member of the Leading Ladies Club. She is also active in her church. This straight A student is the pride of her parents Mr. and Mrs. Ogunyimika. Ayoola is excited to raise awareness about sickle cell disease as the Teen Ambassador for the Sickle Cell Association of New Jersey (SCANJ).

SCANJ established the *New Jersey Sickle Cell Child and Teen Ambassador Program* to support children with sickle cell disease and to designate a spokesperson between the ages of 7-19 years old to:

- 1. aid in educating the public on sickle cell disease
- 2. celebrate individuals living with sickle cell disease
- 3. be empowering for individuals living with sickle cell disease and those who support their efforts

Ayoola was selected at the Sickle Cellabration on June 22nd. She got started in her duties right away as she encouraged attendees with her original poem. She also encouraged individuals to donate blood.

Ayoola and her family will be attending the Sickle Cell Disease Association of America's national convention in Maryland later this month. Stay posted for a report of her experiences at the convention. Join with Ayoola as she gets ready to raise awareness and funds with the upcoming 24 Seven Line Dance Marathon for Sickle Cell Disease. She along with others will dance to raise funds that support services, research and advocacy for sickle cell disease.

October 25-26, 2013

www.sicklecellnewjersey.org/24seven



24 HOURS 7 EVENTS
AISING ELINDS & AWARENESS EC

RAISING FUNDS & AWARENESS FOR SICKLE CELL DISEASE!

The Sickle Cell Association of New Jersey

Mailing Address

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Phone: 973 482-9070 Fax: 973 485-6591 **NEW!** email: info@sicklecellnewjersey.org



Show us some love...ya like...ya follow...





The Say It Loud Newsletter is published monthly. Archived copies are available for download from our website. **Beverly Lucas-Editor**

Tax deductible donations accepted by mail and via www.sicklecellnewjersey.org

Reflections of A Sickle Cellabration 2013!

Special Shout Out to the Sickle Cell Disease Association of America Philadelphia Delaware Valley Chapter. You made a great partner for World Sickle Cell Disease Day!



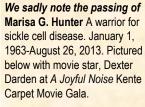


Workshops, Family Activities, Frances Thompson Walton Scholarships...











Coming Soon:

November

23rd Statewide Sickle Cell Symposium

December Holiday Parties with Kenta Klaus (3 locations throughout the state)

You can...

Get on the SCANJ Calling Post that sends an occasional message to your phone with reminders of related activities. If you would like to receive our calling posts, just send us your name and the phone number you would like us to use. Stay Connected!





World Cuisine